

2026 NSW CIS SECONDARY ATHLETICS CHAMPIONSHIPS - 22/09/2026

SOPA

Performance List - CIS Athletics All Events

Event 1 Girls 12 Year Olds 80 Meter Hurdles			
Lane	Name	Age	Team
Nowra_AC-AICES			
1	Astin-briggs, Asl	12	NAC4
St Columba-_AS-AICES			
1	Trevail, Violet	12	STC4
Event 2 Boys 12 Year Olds 80 Meter Hurdles			
Name	Age	Team	Seed Time
--- No entries for thi			
Event 3 Girls 13 Year Olds 80 Meter Hurdles			
Lane	Name	Age	Team
Nowra_AC-AICES			
1	Burbage, Layla	13	NAC4
Event 4 Boys 13 Year Olds 90 Meter Hurdles			
Lane	Name	Age	Team
Penrith_AC-AICES			
1	Koswattage, Ran	13	PAC4
Pittwater House-AICES			
1	Farrell, Jaxon	13	PHS4
Event 5 Girls 14 Year Olds 90 Meter Hurdles			
Lane	Name	Age	Team
Calrossy_AS-AICES			
1	Cygan, Ruby	14	CAS4
Pittwater House-AICES			
1	Roessler, Lotte	14	PHS4
The_Illawarra_GS-AICES			
1	Perry, Emily	14	TIG4
Event 6 Girls 15 Year Olds 90 Meter Hurdles			
Lane	Name	Age	Team
Arden_AS-AICES			
1	Grant, Matlida	15	ARD4
Manning Valley_AC-AICES			
1	Blatch, Abby	15	MVA4
Event 7 Girls 16 Year Olds 100 Meter Hurdles			
Lane	Name	Age	Team
Penrith_AC-AICES			
1	Grima, Adelaide	16	PAC4
William Clarke-AICES			
1	Scott-Rogers, Oli	16	WCC4
Event 8 Girls 17 Year Olds 100 Meter Hurdles			
Name	Age	Team	Seed Time
--- No entries for thi			
Event 9 Boys 14 Year Olds 100 Meter Hurdles			
Lane	Name	Age	Team
Nowra_AC-AICES			
1	Astin-Briggs, Jos	14	NAC4
St Columba-_AS-AICES			
1	Mackney, Tynan	14	STC4

Event 10 Boys 15 Year Olds 100 Meter Hurdles			
Lane	Name	Age	Team
Pittwater House-AICES			
1	Dobson, Roman	15	PHS4
St Lukes_GS-AICES			
1	Donald, Max	15	SLG4
Event 11 Girls 18-19 100 Meter Hurdles			
Name	Age	Team	Seed Time
--- No entries for thi			
Event 12 Boys 16 Year Olds 110 Meter Hurdles			
Lane	Name	Age	Team
Penrith_AC-AICES			
1	Willmington, Jax	16	PAC4
Event 13 Boys 17 Year Olds 110 Meter Hurdles			
Lane	Name	Age	Team
Calrossy_AS-AICES			
1	Kelly, Jack	17	CAS4
St Lukes_GS-AICES			
1	Lill, Isaac	17	SLG4
Event 14 Boys 18-19 110 Meter Hurdles			
Name	Age	Team	Seed Time
--- No entries for thi			
Event 15 Boys 12-14 3000 Meter Run			
Lane	Name	Age	Team
Calrossy_AS-AICES			
1	Scott, Jeremy	14	CAS4
Manning Valley_AC-AICES			
1	Fletcher, Zane	13	MVA4
Pittwater House-AICES			
1	Barrett, Nate	14	PHS4
Event 16 Boys 15-16 3000 Meter Run			
Lane	Name	Age	Team
Hills_Adventist_C-AICES			
1	Wegener, Isaac	15	HAC4
Macquarie College-AICES			
1	Jenkins, Archie	16	MC_4
Event 17 Boys 17-19 3000 Meter Run			
Lane	Name	Age	Team
St Phillips-CC-G-AICES			
1	Shaw, Matthew	18	SPG4
Event 18 Girls 12-14 3000 Meter Run			
Lane	Name	Age	Team
Central Coast_SC-AICES			
1	Godfrey, Claire	13	CCS4
2	Quick, Isabella	14	CCS4
The_Illawarra_GS-AICES			
1	Corbett, Jasmine	14	TIG4

Event 19 Girls 15-16 3000 Meter Run			
Lane	Name	Age	Team
Rouse_Hill_AC-AICES			
1	Wilson, Holly	15	RHA4
St Lukes_GS-AICES			
1	Tague, Alexis	15	SLG4
St Phillips_CC_N_AICES			
1	Dagher, Elodie	15	SPN4
Event 20 Girls 17-19 3000 Meter Run			
Lane	Name	Age	Team
Avondale-AICES			
1	Cox, Siena	17	AS_4
Macarthur_AS-AICES			
1	Grima, Larissa	17	MAS4
William Clarke-AICES			
1	Clarke, Sonya	18	WCC4
Event 21 Girls 12 Year Olds High Jump SH 1.20m			
Pos	Name	Age	Team
All Saints GreekOrth-AICES			
1	Paris, Aundrea	12	ASG4
Penrith_AC-AICES			
1	Taumalolo, Olivi	12	PAC4
St Columba-_AS-AICES			
1	Trevail, Violet	12	STC4
Event 22 Girls 15 Year Olds High Jump SH 1.30m			
Pos	Name	Age	Team
Reddam House-AICES			
1	Douglas, Violet	15	RH_4
2	Tolnay, Mimi	15	RH_4
St Peters AC- AICES			
1	Harris, Ella	15	SPB4
Event 23 Girls 17 Year Olds Shot Put 3kg			
Pos	Name	Age	Team
St Phillips-CC-G-AICES			
1	Bruderlin, Deedi	17	SPG4
Event 24 Boys 17 Year Olds Shot Put 5kg			
Pos	Name	Age	Team
Amity College-AICES			
1	Bronger, Zain	17	AMY4
Penrith_AC-AICES			
1	Godwin, Nichola	17	PAC4
St Peters AC- AICES			
1	Lewis, Levi	17	SPB4
Event 25 Boys 14 Year Olds Long Jump			
Pos	Name	Age	Team
Georges River Grammar-AICES			
1	Issa, Zachariah	14	GRG4
Macarthur_AS-AICES			
1	Grima, Nathaniel	14	MAS4
Northholm_GS-AICES			
1	Wu, Yuntian	14	NG_4

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Performance List - CIS Athletics All Events

Event 26 Boys 15 Year Olds Long Jump				
Pos	Name	Age	Team	Seed Mark
Manning Valley_AC-AICES...(Event 26 Boys 15 Year Olds Long Jump)				
1	Corbon-Koppel, J	15	MVA4	
Penrith_AC-AICES				
1	Hammond, Timo	15	PAC4	
2	Ritchie, Caleb	15	PAC4	
Event 27 Boys 16 Year Olds Discus Throw 1.5kg				
Pos	Name	Age	Team	Seed Mark
St Phillips-CC-G-AICES				
1	Moore, Lachlan	16	SPG4	
St Phillips_CC_N_AICES				
1	Laing, Samuel	16	SPN4	
Wollondilly_AC-AICES				
1	Robertson, Jayde	16	WAC4	
Event 28 Boys 13 Year Olds Discus Throw 1kg				
Pos	Name	Age	Team	Seed Mark
Avondale-AICES				
1	Sandsodden, Luk	13	AS_4	
St Phillips-CC_C--AICES				
1	Peterkin, Macartl	13	SPC4	
The_Illawarra_GS-AICES				
1	Silins, Thomas	13	TIG4	
Event 29 Girls 18-19 Javelin Throw 600gms				
Pos	Name	Age	Team	Seed Mark
Heritage Sydney-AICES				
1	Hunter, Celeste	18	HES4	
Hunter Valley Grammar-AICES				
1	Proctor, Lydia	18	HVG4	
St Phillips-CC-G-AICES				
1	Gordon, Tarni	18	SPG4	
Event 30 Girls 12-19 Long Jump Multi Class Ambulatory				
NameAgeTeamSeed Mark				
--- No entries for thi				
Event 31 Boys 12-19 Long Jump Multi Class Ambulatory				
Pos	Name	Age	Team	Seed Mark
Arden_AS-AICES				
1	Evans (Tf13), Al	17	ARD4	
Hills Grammar-AICES				
1	Kasprzak (Tf37),	14	THG4	
Event 32 Girls 13 Year Olds Discus Throw 1kg				
Pos	Name	Age	Team	Seed Mark
Manning Valley_AC-AICES				
1	Bourke, Elise	13	MVA4	
Penrith_AC-AICES				
1	Egglestone, Harp	13	PAC4	
Pittwater House-AICES				
1	Simmons, Zoe	13	PHS4	

Event 33 Girls 16 Year Olds Long Jump				
Pos	Name	Age	Team	Seed Mark
Arndell_AC-AICES				
1	Paki, Summer	16	AAC4	
Nowra_AC-AICES				
1	Atkins, Rose	16	NAC4	
Wollondilly_AC-AICES				
1	Hall, Cheyannah	16	WAC4	
Event 34 Girls 17 Year Olds Triple Jump				
Pos	Name	Age	Team	Seed Mark
Rouse_Hill_AC-AICES				
1	Cowper, Flynn	17	RHA4	
St Peters AC- AICES				
1	Hall, Zara	17	SPB4	
Event 35 Boys 16 Year Olds Triple Jump				
Pos	Name	Age	Team	Seed Mark
Penrith_AC-AICES				
1	Willmington, Jax	16	PAC4	
Reddam House-AICES				
1	Lopez Fisher, M	16	RH_4	
Scone_GS-AICES				
1	Dermody, Knox	16	SGS4	
Event 36 Boys 13 Year Olds Shot Put 3kg				
Pos	Name	Age	Team	Seed Mark
Malek Fahd College-AICES				
1	Deeb, Amir	13	MFC4	
St Lukes_GS-AICES				
1	Kramer, Charlie	13	SLG4	
William Clarke-AICES				
1	Auzner, Samuel	13	WCC4	
Event 37 Boys 12 Year Olds Shot Put 3kg				
Pos	Name	Age	Team	Seed Mark
Hills Grammar-AICES				
1	Pawar, Gurjot	12	THG4	
Nowra_AC-AICES				
1	Baldwin, Auley	12	NAC4	
St Peters AC- AICES				
1	Ellis, Hemia	12	SPB4	
Event 38 Boys 12-19 Shot Put Multi Class Ambulatory				
Pos	Name	Age	Team	Seed Mark
Hills Grammar-AICES				
1	Kasprzak (Tf37),	14	THG4	
Event 39 Boys 15 Year Olds High Jump SH 1.50m				
Pos	Name	Age	Team	Seed Mark
Arden_AS-AICES				
1	Rao, Keshav	15	ARD4	
Macquarie AGS-AICES				
1	Fordham, Jacob	15	MAG4	
Medowie CS_ AICES				
1	Blue, Dylan	15	MCS4	

Event 40 Boys 18-19 High Jump SH 1.70m				
Pos	Name	Age	Team	Seed Mark
St Columba-_AS-AICES				
1	Williams, Henry	18	STC4	
St Lukes_GS-AICES				
1	Boyle, Liam	18	SLG4	
St Phillips-CC_C--AICES				
1	Penton, Jonathan	18	SPC4	
Event 41 Boys 14 Year Olds Javelin Throw 700gms				
Pos	Name	Age	Team	Seed Mark
Arndell_AC-AICES				
1	Johnston, Beau	14	AAC4	
International_GS-AICES				
1	Hardy, Daniel	14	IGS4	
Event 42 Girls 12 Year Olds 200 Meter Run				
Lane	Name	Age	Team	Seed Time
Arden_AS-AICES				
1	Liu, Chloe	12	ARD4	
Nowra_AC-AICES				
1	Smith, Eva	12	NAC4	
St Peters AC- AICES				
1	Lee, Lacey	12	SPB4	
Event 43 Girls 13 Year Olds 200 Meter Run				
Lane	Name	Age	Team	Seed Time
Calrossy_AS-AICES				
1	Ryder, Emily	13	CAS4	
The_Illawarra_GS-AICES				
1	Leung, Ava	13	TIG4	
2	Oxman, Kirra	13	TIG4	
Event 44 Girls 14 Year Olds 200 Meter Run				
Lane	Name	Age	Team	Seed Time
Pittwater House-AICES				
1	Pickup, Valerie	14	PHS4	
St Phillips_CC_PS-AICES				
1	Barnes, Elara	14	SPP4	
The_Illawarra_GS-AICES				
1	Perry, Emily	14	TIG4	
Event 45 Girls 15 Year Olds 200 Meter Run				
Lane	Name	Age	Team	Seed Time
Broughton_AC-AICES				
1	Webb, Alicia	15	BAC4	
Newcastle_GS--AICES				
1	Heslop, Audrey	15	NGS4	
St Phillips_CC_N_AICES				
1	Pigram, Neva	15	SPN4	
Event 46 Girls 16 Year Olds 200 Meter Run				
Lane	Name	Age	Team	Seed Time
Calrossy_AS-AICES				
1	O'Connell, Isabel	16	CAS4	
Orange_AGS-AICES				
1	Tai, Madeleine (P	16	OGS4	

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Performance List - CIS Athletics All Events

Scone_GS-AICES...(Event 46 Girls 16 Year Olds 200 Meter Run)			
1	Mennie, Paige	16	SGS4

Event 47 Girls 17 Year Olds 200 Meter Run

Lane Name	Age	Team	Seed Time
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Rouse_Hill_AC-AICES			
1	Cowper, Flynn	17	RHA4

St Peters AC- AICES			
1	Hall, Zara	17	SPB4

Event 48 Girls 18-19 200 Meter Run

Lane Name	Age	Team	Seed Time
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Orange_AGS-AICES			
1	Jurd, Milla	18	OGS4

St Phillips-CC-G-AICES			
1	Gordon, Tarni	18	SPG4

Event 49 Girls 12-19 200 Meter Run Multi Class Ambulatory

Lane Name	Age	Team	Seed Time
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Calrossy_AS-AICES			
1	Peet (T36 F36), /	18	CAS4

St Columba-_AS-AICES			
1	Eichler (T21, F21)	18	STC4

St Phillips_CC_N_AICES			
1	Cannone (Tf35),	13	SPN4

Event 50 Boys 12-19 200 Meter Run Multi Class Ambulatory

Lane Name	Age	Team	Seed Time
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Arden_AS-AICES			
1	Evans (Tf13), Al	17	ARD4

Bishop_Tyrrell_AC-AICES			
1	Woodfull (Tf36),	19	BTA4

Hills Grammar-AICES			
1	Kasprzak (Tf37),	14	THG4

Event 51 Boys 12 Year Olds 200 Meter Run

Lane Name	Age	Team	Seed Time
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Macarthur_AS-AICES			
1	Chidamba, Ryan	12	MAS4

St Lukes_GS-AICES			
1	Nicholson, Lequi	12	SLG4

William Clarke-AICES			
1	Agarwal, Ishaan	12	WCC4

Event 52 Boys 13 Year Olds 200 Meter Run

Lane Name	Age	Team	Seed Time
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Broughton_AC-AICES			
1	Lagoke, Emilayo	13	BAC4

Reddam House North Shore-AICES			
1	Lucknauth, Dhri	13	RHN4

William Clarke-AICES			
1	Valena, Isaac	13	WCC4

Event 53 Boys 14 Year Olds 200 Meter Run

Lane Name	Age	Team	Seed Time
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Moriah College-AICES			
1	Abkin, Jake	14	MOR4

Penrith_AC-AICES			
1	Morris, Owen	14	PAC4

Rouse_Hill_AC-AICES			
1	Chappidi, Sujai F	14	RHA4

Event 54 Boys 15 Year Olds 200 Meter Run

Lane Name	Age	Team	Seed Time
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Calrossy_AS-AICES			
1	Bailey, Zac	15	CAS4

Penrith_AC-AICES			
1	Hammond, Timo	15	PAC4

St Phillips_CC_N_AICES			
1	Boustead, Ryan	15	SPN4

Event 55 Boys 16 Year Olds 200 Meter Run

Lane Name	Age	Team	Seed Time
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Pittwater House-AICES			
1	Glanville, Harve	16	PHS4

St Phillips-CC_C--AICES			
1	Speechly, Joshua	16	SPC4

The_Illawarra_GS-AICES			
1	Haines, Ryder	16	TIG4

Event 56 Boys 17 Year Olds 200 Meter Run

Lane Name	Age	Team	Seed Time
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Central Coast_AS-AICES			
1	Lewis, Caleb	17	CCA4

Penrith_AC-AICES			
1	Godwin, Nichola	17	PAC4

Rouse_Hill_AC-AICES			
1	Laurence, Nathar	17	RHA4

Event 57 Boys 18-19 200 Meter Run

Lane Name	Age	Team	Seed Time
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Amity College-AICES			
1	Hasanonvic, Aler	18	AMY4

St Lukes_GS-AICES			
1	Philp, Ben	18	SLG4

Event 58 Girls 13 Year Olds Shot Put 3kg

Pos	Name	Age	Team	Seed Mark
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Bishop_Tyrrell_AC-AICES			
1	Tobin, Sophie	13	BTA4

Central Coast_AS-AICES			
1	Katalinic, Sarina	13	CCA4

Penrith_AC-AICES			
1	Sturt, Scarlett	13	PAC4

Event 59 Girls 14 Year Olds Long Jump

Pos	Name	Age	Team	Seed Mark
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Calrossy_AS-AICES			
1	Williams, Amelia	14	CAS4

St Lukes_GS-AICES			
1	Rudomino, Carm	14	SLG4

The_Illawarra_GS-AICES			
1	Perry, Emily	14	TIG4

Event 60 Boys 15 Year Olds Triple Jump				
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Arndell_AC-AICES			
1	Hoult, Michael	15	AAC4

Penrith_AC-AICES			
1	Hammond, Timo	15	PAC4

2	Ritchie, Caleb	15	PAC4

Event 61 Girls 18-19 Triple Jump

Pos	Name	Age	Team	Seed Mark
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Macarthur_AS-AICES			
1	Zhang, Maggie	18	MAS4

Event 62 Girls 16 Year Olds Javelin Throw 500gms

Pos	Name	Age	Team	Seed Mark
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Calrossy_AS-AICES			
1	Williams, Charlo	16	CAS4

St Phillips-CC_C--AICES			
1	Millett, Piper	16	SPC4

William Clarke-AICES			
1	Sinteur, Cheyenn	16	WCC4

Event 63 Boys 18-19 Discus Throw 1.75kg

Pos	Name	Age	Team	Seed Mark
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Central Coast_SC-AICES			
1	Campion, Aiden	18	CCS4

Northholm_GS-AICES			
1	Billingsley, Justir	18	NG_4

Redfield Coll-AICES			
1	Alloggia, Marcus	18	RED4

Event 64 Girls 12 Year Olds 800 Meter Run

Lane Name	Age	Team	Seed Time
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Calrossy_AS-AICES			
1	Crosby, Brooke	12	CAS4

Nowra_AC-AICES			
1	Astin-briggs, Ash	12	NAC4

St Phillips-CC_C--AICES			
1	Shirley, Luca	12	SPC4

Event 65 Girls 13 Year Olds 800 Meter Run

Lane Name	Age	Team	Seed Time
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Central Coast_SC-AICES			
1	Godfrey, Claire	13	CCS4

Georges River Grammar-AICES			
1	Bugeja, Casey	13	GRG4

Macquarie College-AICES			
1	Collins, Emily	13	MC_4

Event 66 Girls 14 Year Olds 800 Meter Run

Lane Name	Age	Team	Seed Time
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Northholm_GS-AICES			
1	Mansell, Ashleigi	14	NG_4

Pittwater House-AICES			
1	Pickup, Valerie	14	PHS4

Rouse_Hill_AC-AICES			
1	Prime, Savannah	14	RHA4

2026 NSW CIS SECONDARY ATHLETICS CHAMPIONSHIPS - 22/09/2026

SOPA
Performance List - CIS Athletics All Events

Event 67 Girls 15 Year Olds 800 Meter Run				
Lane	Name	Age	Team	Seed Time
Central Coast_SC-AICES...(Event 67 Girls 15 Year Olds 800				
1	Haywood, Isla	15	CCS4	
Nowra_AC-AICES				
1	Crawford, Lana	15	NAC4	
St Lukes_GS-AICES				
1	Tague, Alexis	15	SLG4	
Event 68 Girls 16 Year Olds 800 Meter Run				
Lane	Name	Age	Team	Seed Time
Orange_AGS-AICES				
1	Jurd, Lucy	16	OGS4	
St Peters AC- AICES				
1	Keogh, Pema	16	SPB4	
William Clarke-AICES				
1	Bennett, Aliyah	16	WCC4	
Event 69 Girls 17 Year Olds 800 Meter Run				
Lane	Name	Age	Team	Seed Time
Arden_AS-AICES				
1	Stirling, Stella	17	ARD4	
Reddam House North Shore-AICES				
1	Guillergan, Mia	17	RHN4	
Rouse_Hill_AC-AICES				
1	Lewis, Hanna	17	RHA4	
Event 70 Girls 18-19 800 Meter Run				
Lane	Name	Age	Team	Seed Time
Orange_AGS-AICES				
1	Jurd, Milla	18	OGS4	
Tangara-AICES				
1	Siau, Olivia	18	TAN4	
Event 71 Mixed 12-19 800 Meter Run Multi Class Ambulator				
Lane	Name	Age	Team	Seed Time
Bishop_Tyrrell_AC-AICES				
1	Woodfull (TF36), M19		BTA4	
St Phillips_CC_N_AICES				
1	Cannone (TF35), W13		SPN4	
Event 72 Boys 12 Year Olds Long Jump				
Pos	Name	Age	Team	Seed Mark
Macarthur_AS-AICES				
1	Chidamba, Ryan	12	MAS4	
Rouse_Hill_AC-AICES				
1	Sathiavan, Oliver	12	RHA4	
St Lukes_GS-AICES				
1	Nicholson, Lequi	12	SLG4	
Event 73 Boys 18-19 Long Jump				
Pos	Name	Age	Team	Seed Mark
Pittwater House-AICES				
1	Nagy, Ike	18	PHS4	
St Columba-_AS-AICES				
1	Williams, Henry	18	STC4	

St Phillips-CC_C--AICES				
1	Penton, Jonathan	18	SPC4	
Event 74 Boys 14 Year Olds Discus Throw 1kg				
Pos	Name	Age	Team	Seed Mark
Arndell_AC-AICES				
1	Camilleri, Rocco	14	AAC4	
Bishop_Tyrrell_AC-AICES				
1	Amaefula, Jason	14	BTA4	
The_Illawarra_GS-AICES				
1	Coughlan, Jensor	14	TIG4	
Event 75 Boys 15 Year Olds Javelin Throw 700gms				
Pos	Name	Age	Team	Seed Mark
Penrith_AC-AICES				
1	Ritchie, Caleb	15	PAC4	
Rouse_Hill_AC-AICES				
1	Bharati, Aryan	15	RHA4	
The_Illawarra_GS-AICES				
1	Serfontein, Max	15	TIG4	
Event 76 Boys 16 Year Olds Shot Put 5kg				
Pos	Name	Age	Team	Seed Mark
Penrith_AC-AICES				
1	Farrugia, Jonny	16	PAC4	
St Phillips-CC-G-AICES				
1	Moore, Lachlan	16	SPG4	
St Phillips_CC_N_AICES				
1	Laing, Samuel	16	SPN4	
Event 77 Boys 13 Year Olds High Jump SH 1.35m				
Pos	Name	Age	Team	Seed Mark
St Columba-_AS-AICES				
1	Keogh, Jack	13	STC4	
St Peters AC- AICES				
1	Seery, Chael	13	SPB4	
William Clarke-AICES				
1	Jorgensen, Isaac	13	WCC4	
Event 78 Boys 17 Year Olds High Jump SH 1.70m				
Pos	Name	Age	Team	Seed Mark
Arndell_AC-AICES				
1	Longhurst, Jamie	17	AAC4	
Reddam House North Shore-AICES				
1	Jiang, Kyle	17	RHN4	
St Lukes_GS-AICES				
1	Hopkins, Michae	17	SLG4	
Event 79 Boys 12 Year Olds 800 Meter Run				
Lane	Name	Age	Team	Seed Time
Broughton_AC-AICES				
1	Dhakar, Saarvin	12	BAC4	
St Lukes_GS-AICES				
1	Nicholson, Lequi	12	SLG4	
St Phillips-CC-G-AICES				
1	Castro, Reinaldo	12	SPG4	

Event 80 Boys 13 Year Olds 800 Meter Run				
Lane	Name	Age	Team	Seed Time
Amity College-AICES				
1	Haktan, Mehmet	13	AMY4	
Manning Valley_AC-AICES				
1	Fletcher, Zane	13	MVA4	
Nowra_AC-AICES				
1	Thirlwall, Kai	13	NAC4	
Event 81 Boys 14 Year Olds 800 Meter Run				
Lane	Name	Age	Team	Seed Time
Bishop_Tyrrell_AC-AICES				
1	Stokes, Jordan	14	BTA4	
Pittwater House-AICES				
1	Barrett, Nate	14	PHS4	
St Phillips-CC_C--AICES				
1	West, Zachary	14	SPC4	
Event 82 Boys 15 Year Olds 800 Meter Run				
Lane	Name	Age	Team	Seed Time
Avondale-AICES				
1	Lewis, Nathan	15	AS_4	
Central Coast_SC-AICES				
1	Carlson, Braydan	15	CCS4	
Northholm_GS-AICES				
1	Bowrey, Benjami	15	NG_4	
Event 83 Boys 16 Year Olds 800 Meter Run				
Lane	Name	Age	Team	Seed Time
Macquarie College-AICES				
1	Jenkins, Archie	16	MC_4	
St Phillips-CC_C--AICES				
1	Speechly, Joshua	16	SPC4	
Event 84 Boys 17 Year Olds 800 Meter Run				
Lane	Name	Age	Team	Seed Time
Heritage Sydney-AICES				
1	Russell, Levi	17	HES4	
Hunter Valley Grammar-AICES				
1	Campbell, Elijah	17	HVG4	
The_Illawarra_GS-AICES				
1	Mitchell, Michae	17	TIG4	
Event 85 Boys 18-19 800 Meter Run				
Lane	Name	Age	Team	Seed Time
Arden_AS-AICES				
1	Woodhouse, Ben	18	ARD4	
Pittwater House-AICES				
1	Howieson, Olive	18	PHS4	
Rouse_Hill_AC-AICES				
1	Smithson, Samue	18	RHA4	
Event 86 Girls 12 Year Olds Shot Put 3kg				
Pos	Name	Age	Team	Seed Mark
Heritage_Lake_Mac-AICES				
1	Whitehorn, Emili	12	HEC4	

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SOPA
Performance List - CIS Athletics All Events

St Phillips_CC_N_AICES...(Event 86 Girls 12 Year Olds Shot Put 1kg)				
Pos	Name	Age	Team	Seed Mark
1	van der Berg, An	12	SPN4	
William Clarke-AICES				
1	Saravana, Saanvi	12	WCC4	

Event 87 Girls 12-19 Shot Put Multi Class Ambulatory				
Pos	Name	Age	Team	Seed Mark
St Columba-_AS-AICES				
1	Eichler (T21, F21)	18	STC4	

Event 88 Girls 14 Year Olds Shot Put 3kg				
Pos	Name	Age	Team	Seed Mark
Central Coast_AS-AICES				
1	Munkman, Emily	14	CCA4	

Manning Valley_AC-AICES				
1	Potter, Jessie	14	MVA4	
William Clarke-AICES				
1	West, Emily	14	WCC4	

Event 89 Girls 18-19 High Jump SH 1.50m				
Pos	Name	Age	Team	Seed Mark
Orange_AGS-AICES				
1	Jurd, Milla	18	OGS4	
St Lukes_GS-AICES				
1	Kljajic, Adriana	18	SLG4	

Event 90 Girls 15 Year Olds Long Jump				
Pos	Name	Age	Team	Seed Mark
Manning Valley_AC-AICES				
1	Blatch, Abby	15	MVA4	
St Peters AC- AICES				
1	Harris, Ella	15	SPB4	
William Clarke-AICES				
1	Loring, Olivia	15	WCC4	

Event 91 Boys 17 Year Olds Long Jump				
Pos	Name	Age	Team	Seed Mark
Arndell_AC-AICES				
1	Longhurst, Jamie	17	AAC4	
Newcastle_GS--AICES				
1	Noonan, William	17	NGS4	
Wollondilly_AC-AICES				
1	Goldsbrough, Ca	17	WAC4	

Event 92 Girls 16 Year Olds Discus Throw 1kg				
Pos	Name	Age	Team	Seed Mark
Calrossy_AS-AICES				
1	Williams, Charlo	16	CAS4	
Hunter Christian School-AICES				
1	Reungkitchaya, P	16	HCS4	
Macquarie AGS-AICES				
1	Martin, Millie	16	MAG4	

Event 93 Boys 12 Year Olds Discus Throw 750g				
Pos	Name	Age	Team	Seed Mark
Bishop_Tyrrell_AC-AICES				
1	Shivaji, Tanish	12	BTA4	

St Lukes_GS-AICES				
1	Nicholson, Lequi	12	SLG4	
St Peters AC- AICES				
1	Ellis, Hemia	12	SPB4	

Event 94 Girls 17 Year Olds Javelin Throw 500gms				
Pos	Name	Age	Team	Seed Mark
Macarthur_AS-AICES				
1	Sullivan, Jaylah	17	MAS4	
The Illawarra_GS-AICES				
1	Denley, Emma	17	TIG4	

Event 95 Girls 13 Year Olds Javelin Throw 400gms				
Pos	Name	Age	Team	Seed Mark
Georges River Grammar-AICES				
1	Calavrias, Arianr	13	GRG4	
Manning Valley_AC-AICES				
1	Stone, Molly	13	MVA4	
St Phillips_CC_PS-AICES				
1	Dagwell, Brynne	13	SPP4	

Event 96 Girls 12 Year Olds 100 Meter Run				
Lane	Name	Age	Team	Seed Time
Arden_AS-AICES				
1	Liu, Chloe	12	ARD4	
Nowra_AC-AICES				
1	Smith, Eva	12	NAC4	
St Peters AC- AICES				
1	Lee, Lacey	12	SPB4	

Event 97 Girls 13 Year Olds 100 Meter Run				
Lane	Name	Age	Team	Seed Time
Calrossy_AS-AICES				
1	Ryder, Emily	13	CAS4	
Macquarie AGS-AICES				
1	Norwood, Hanna	13	MAG4	
The Illawarra_GS-AICES				
1	Leung, Ava	13	TIG4	

Event 98 Girls 14 Year Olds 100 Meter Run				
Lane	Name	Age	Team	Seed Time
Heritage_Lake_Mac-AICES				
1	Smith, Peyton	14	HEC4	
St Phillips_CC_PS-AICES				
1	Barnes, Elara	14	SPP4	
The Illawarra_GS-AICES				
1	Perry, Emily	14	TIG4	

Event 99 Girls 15 Year Olds 100 Meter Run				
Lane	Name	Age	Team	Seed Time
Newcastle_GS--AICES				
1	Heslop, Audrey	15	NGS4	
St Phillips_CC_N_AICES				
1	Pigram, Neva	15	SPN4	
Thomas Hassall_AC_-AICES				
1	Chukwudi, Divin	15	THA4	

Event 100 Girls 16 Year Olds 100 Meter Run				
Lane	Name	Age	Team	Seed Time
Arndell_AC-AICES				
1	Paki, Summer	16	AAC4	
Orange_AGS-AICES				
1	Tai, Madeleine (P)	16	OGS4	
Scone_GS-AICES				
1	Mennie, Paige	16	SGS4	

Event 101 Girls 17 Year Olds 100 Meter Run				
Lane	Name	Age	Team	Seed Time
Central Coast_SC-AICES				
1	Carlson, Keira	17	CCS4	
Rouse_Hill_AC-AICES				
1	Cowper, Flynn	17	RHA4	
The Illawarra_GS-AICES				
1	Denley, Emma	17	TIG4	

Event 102 Girls 18-19 100 Meter Run				
Lane	Name	Age	Team	Seed Time
Orange_AGS-AICES				
1	Jurd, Milla	18	OGS4	
St Phillips-CC-G-AICES				
1	Gordon, Tarni	18	SPG4	

Event 103 Girls 12-19 100 Meter Run Multi Class Ambulatory				
Lane	Name	Age	Team	Seed Time
Calrossy_AS-AICES				
1	Peet (T36 F36), A	18	CAS4	
St Columba-_AS-AICES				
1	Eichler (T21, F21)	18	STC4	
St Phillips_CC_N_AICES				
1	Cannone (T35),	13	SPN4	

Event 104 Girls 15 Year Olds Discus Throw 1kg				
Pos	Name	Age	Team	Seed Mark
Emanuel School-AICES				
1	Kirievskaya, Sop	15	TES4	
Manning Valley_AC-AICES				
1	Potter, Mikayla	15	MVA4	
Moriah College-AICES				
1	Max, Lexi	15	MOR4	

Event 105 Girls 18-19 Long Jump				
Pos	Name	Age	Team	Seed Mark
Orange_AGS-AICES				
1	Jurd, Milla	18	OGS4	
St Lukes_GS-AICES				
1	Kljajic, Adriana	18	SLG4	

Event 106 Boys 17 Year Olds Triple Jump				
Pos	Name	Age	Team	Seed Mark
Newcastle_GS--AICES				
1	Noonan, William	17	NGS4	
Rouse_Hill_AC-AICES				
1	Grant, Dean	17	RHA4	

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Performance List - CIS Athletics All Events

Event 107 Boys 18-19 Triple Jump				
Pos	Name	Age	Team	Seed Mark
St Phillips-CC_C--AICES...(Event 107 Boys 18-19 Triple Jump)				
1	Penton, Jonathan	18	SPC4	
William Clarke-AICES				
1	Baker, Maximus	18	WCC4	
Event 108 Boys 14 Year Olds Shot Put 4kg				
Pos	Name	Age	Team	Seed Mark
Amity College-AICES				
1	Khodragha, Idris	14	AMY4	
Northholm_GS-AICES				
1	Sharma, Raghav	14	NG_4	
St Lukes_GS-AICES				
1	Philipsz, Lachlan	14	SLG4	
Event 109 Boys 15 Year Olds Shot Put 4kg				
Pos	Name	Age	Team	Seed Mark
Amity College-AICES				
1	Bronger, Noah	15	AMY4	
Heritage Sydney-AICES				
1	O'Dowd, Tristin	15	HES4	
Penrith_AC-AICES				
1	Ritchie, Caleb	15	PAC4	
Event 110 Boys 17 Year Olds Javelin Throw 700gms				
Pos	Name	Age	Team	Seed Mark
Heritage Sydney-AICES				
1	Russell, Levi	17	HES4	
Wollondilly_AC-AICES				
1	Goldsbrough, Ca	17	WAC4	
Event 111 Girls 16 Year Olds High Jump SH 1.45m				
Pos	Name	Age	Team	Seed Mark
Arndell_AC-AICES				
1	Paki, Summer	16	AAC4	
Avondale-AICES				
1	McGregor, Darci	16	AS_4	
Wollondilly_AC-AICES				
1	Hall, Cheyannah	16	WAC4	
Event 112 Boys 12-19 100 Meter Run Multi Class Ambulatory				
Lane Name	Age	Team	Seed Time	
Arden_AS-AICES				
1	Evans (Tf13), Al	17	ARD4	
Bishop_Tyrrell_AC-AICES				
1	Woodfull (Tf36),	19	BTA4	
Hills Grammar-AICES				
1	Kasprzak (Tf37),	14	THG4	
Event 113 Boys 12 Year Olds 100 Meter Run				
Lane Name	Age	Team	Seed Time	
Macarthur_AS-AICES				
1	Chidamba, Ryan	12	MAS4	
Reddam House North Shore-AICES				
1	Lu, William	12	RHN4	

St Lukes_GS-AICES				
1	Nicholson, Lequi	12	SLG4	
Event 114 Boys 13 Year Olds 100 Meter Run				
Lane Name	Age	Team	Seed Time	
Calrossy_AS-AICES				
1	Flood, Henley	13	CAS4	
Reddam House North Shore-AICES				
1	Lucknauth, Dhri	13	RHN4	
William Clarke-AICES				
1	Valena, Isaac	13	WCC4	
Event 115 Boys 14 Year Olds 100 Meter Run				
Lane Name	Age	Team	Seed Time	
Moriah College-AICES				
1	Abkin, Jake	14	MOR4	
Penrith_AC-AICES				
1	Morris, Owen	14	PAC4	
Rouse_Hill_AC-AICES				
1	Chappidi, Sujai F	14	RHA4	
Event 116 Boys 15 Year Olds 100 Meter Run				
Lane Name	Age	Team	Seed Time	
Calrossy_AS-AICES				
1	Bailey, Zac	15	CAS4	
Penrith_AC-AICES				
1	Hammond, Timo	15	PAC4	
St Phillips-CC_C--AICES				
1	Hoover, Quade	15	SPC4	
Event 117 Boys 16 Year Olds 100 Meter Run				
Lane Name	Age	Team	Seed Time	
Pittwater House-AICES				
1	Glanville, Harve	16	PHS4	
Redeemer_BS-AICES				
1	Ndongo-Empesa,	16	RBS4	
St Phillips-CC_C--AICES				
1	Speechly, Joshua	16	SPC4	
Event 118 Boys 17 Year Olds 100 Meter Run				
Lane Name	Age	Team	Seed Time	
Newcastle_GS--AICES				
1	Noonan, William	17	NGS4	
Rouse_Hill_AC-AICES				
1	Laurence, Nathar	17	RHA4	
St Lukes_GS-AICES				
1	Chriss, Ethan	17	SLG4	
Event 119 Boys 18-19 100 Meter Run				
Lane Name	Age	Team	Seed Time	
Amity College-AICES				
1	Hasanonvic, Aler	18	AMY4	
St Lukes_GS-AICES				
1	Philp, Ben	18	SLG4	
St Phillips_CC_N_AICES				
1	Agbola, Senyo	18	SPN4	

Event 120 Boys 14 Year Olds High Jump SH 1.35m				
Pos	Name	Age	Team	Seed Mark
Australian International-AICES				
1	Makkouk, Adam	14	AIS4	
Hunter Christian School-AICES				
1	Afful, Noah	14	HCS4	
Macarthur_AS-AICES				
1	Watkins, Joshua	14	MAS4	
Event 121 Boys 16 Year Olds High Jump SH 1.60m				
Pos	Name	Age	Team	Seed Mark
Amity College-AICES				
1	Yaghi, David	16	AMY4	
Central Coast_AS-AICES				
1	Gray, Tobias	16	CCA4	
Reddam House-AICES				
1	Lopez Fisher, M	16	RH_4	
Event 122 Girls 15 Year Olds Triple Jump				
Pos	Name	Age	Team	Seed Mark
Manning Valley_AC-AICES				
1	Blatch, Abby	15	MVA4	
Reddam House-AICES				
1	Tolnay, Mimi	15	RH_4	
William Clarke-AICES				
1	Loring, Olivia	15	WCC4	
Event 123 Girls 16 Year Olds Triple Jump				
Pos	Name	Age	Team	Seed Mark
Arndell_AC-AICES				
1	Paki, Summer	16	AAC4	
Newcastle_GS--AICES				
1	Patmore, Sarah	16	NGS4	
Penrith_AC-AICES				
1	Grima, Adelaide	16	PAC4	
Event 124 Boys 13 Year Olds Long Jump				
Pos	Name	Age	Team	Seed Mark
Calrossy_AS-AICES				
1	Flood, Henley	13	CAS4	
Nowra_AC-AICES				
1	Brennan, Haruki	13	NAC4	
Reddam House North Shore-AICES				
1	Shi, Ryan	13	RHN4	
Event 125 Girls 14 Year Olds Discus Throw 1kg				
Pos	Name	Age	Team	Seed Mark
Central Coast_AS-AICES				
1	Munkman, Emily	14	CCA4	
Manning Valley_AC-AICES				
1	Potter, Jessie	14	MVA4	
William Clarke-AICES				
1	West, Emily	14	WCC4	

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Performance List - CIS Athletics All Events

Event 126 Girls 17 Year Olds Discus Throw 1kg				
Pos	Name	Age	Team	Seed Mark
Avondale-AICES...(Event 126 Girls 17 Year Olds Discus Thro				
1	Dwyer Wadham,	17	AS_4	
Penrith_AC-AICES				
1	Mann, Mannat	17	PAC4	
Thomas Hassall_AC_-AICES				
1	Pellizzeri, Evang	17	THA4	
Event 127 Boys 18-19 Javelin Throw 800gms				
Pos	Name	Age	Team	Seed Mark
Northholm_GS-AICES				
1	Billingsley, Justir	18	NG_4	
Redfield Coll-AICES				
1	Alloggia, Marcus	18	RED4	
Wollondilly_AC-AICES				
1	Dippenaar, Henry	18	WAC4	
Event 128 Boys 13 Year Olds Javelin Throw 600gms				
Pos	Name	Age	Team	Seed Mark
Orange_AGS-AICES				
1	Lingier, Quinn	13	OGS4	
The_Illawarra_GS-AICES				
1	Silins, Thomas	13	TIG4	
Wollondilly_AC-AICES				
1	Mileto, Boston	13	WAC4	
Event 129 Girls 12 Year Olds 1500 Meter Run				
Lane	Name	Age	Team	Seed Time
Calrossy_AS-AICES				
1	Crosby, Brooke	12	CAS4	
St Phillips-CC_C--AICES				
1	Shirley, Luca	12	SPC4	
The_Illawarra_GS-AICES				
1	Sharratt, Abigail	12	TIG4	
Event 130 Girls 13 Year Olds 1500 Meter Run				
Lane	Name	Age	Team	Seed Time
Central Coast_SC-AICES				
1	Godfrey, Claire	13	CCS4	
Georges River Grammar-AICES				
1	Calavrias, Ariann	13	GRG4	
Hills_Adventist_C-AICES				
1	Wegener, Anna	13	HAC4	
Event 131 Girls 14 Year Olds 1500 Meter Run				
Lane	Name	Age	Team	Seed Time
Central Coast_SC-AICES				
1	Quick, Isabella	14	CCS4	
Rouse_Hill_AC-AICES				
1	Prime, Savannah	14	RHA4	
The_Illawarra_GS-AICES				
1	Corbett, Jasmine	14	TIG4	

Event 132 Girls 15 Year Olds 1500 Meter Run				
Lane	Name	Age	Team	Seed Time
Central Coast_SC-AICES				
1	Haywood, Isla	15	CCS4	
Manning Valley_AC-AICES				
1	Blatch, Abby	15	MVA4	
St Lukes_GS-AICES				
1	Tague, Alexis	15	SLG4	
Event 133 Girls 16 Year Olds 1500 Meter Run				
Lane	Name	Age	Team	Seed Time
Orange_AGS-AICES				
1	Jurd, Lucy	16	OGS4	
St Peters AC- AICES				
1	Keogh, Pema	16	SPB4	
William Clarke-AICES				
1	Hussein, Hannah	16	WCC4	
Event 134 Girls 17 Year Olds 1500 Meter Run				
Lane	Name	Age	Team	Seed Time
Avondale-AICES				
1	Cox, Siena	17	AS_4	
William Clarke-AICES				
1	Loring, Jessica	17	WCC4	
Event 135 Girls 18-19 1500 Meter Run				
Lane	Name	Age	Team	Seed Time
Central Coast_AS-AICES				
1	Cohen, Matilda	18	CCA4	
Tangara-AICES				
1	Siau, Olivia	18	TAN4	
Event 136 Boys 15 Year Olds Discus Throw 1kg				
Pos	Name	Age	Team	Seed Mark
Amity College-AICES				
1	Bronger, Noah	15	AMY4	
Rouse_Hill_AC-AICES				
1	Bharati, Aryan	15	RHA4	
The_Illawarra_GS-AICES				
1	Serfontein, Max	15	TIG4	
Event 137 Mixed 12-19 Discus Throw Multi Class Ambulator				
Pos	Name	Age	Team	Seed Mark
Hills Grammar-AICES				
1	Kasprzak (Tf37),	M14	THG4	
St Columba-_AS-AICES				
1	Eichler (T21, F2_	W18	STC4	
Event 138 Boys 16 Year Olds Long Jump				
Pos	Name	Age	Team	Seed Mark
Penrith_AC-AICES				
1	Willmington, Jax	16	PAC4	
Reddam House-AICES				
1	Lopez Fisher, Mf	16	RH_4	
St Phillips-CC_C--AICES				
1	Shields, Tobias	16	SPC4	

Event 139 Boys 13 Year Olds Triple Jump				
Pos	Name	Age	Team	Seed Mark
Penrith_AC-AICES				
1	Ohunayo, Kitan	13	PAC4	
St Columba-_AS-AICES				
1	Keogh, Jack	13	STC4	
The_Illawarra_GS-AICES				
1	Gao, Leo	13	TIG4	
Event 140 Boys 14 Year Olds Triple Jump				
Pos	Name	Age	Team	Seed Mark
Northholm_GS-AICES				
1	Wu, Yuntian	14	NG_4	
Rouse_Hill_AC-AICES				
1	Chappidi, Sujai F	14	RHA4	
St Columba-_AS-AICES				
1	Mackney, Tynan	14	STC4	
Event 141 Boys 12 Year Olds Javelin Throw 600g				
Pos	Name	Age	Team	Seed Mark
St Peters AC- AICES				
1	Dolphin, Django	12	SPB4	
The_Illawarra_GS-AICES				
1	Vickers, Jasper	12	TIG4	
Event 142 Girls 12 Year Olds Javelin Throw 400g				
Pos	Name	Age	Team	Seed Mark
Nowra_AC-AICES				
1	Smith, Eva	12	NAC4	
St Columba-_AS-AICES				
1	Trevail, Violet	12	STC4	
St Phillips_CC_N_AICES				
1	van der Berg, An	12	SPN4	
Event 143 Boys 12 Year Olds 1500 Meter Run				
Lane	Name	Age	Team	Seed Time
Broughton_AC-AICES				
1	Dhakal, Saarvin	12	BAC4	
St Phillips-CC-G-AICES				
1	Castro, Reinaldo	12	SPG4	
The_Anglican_S_Googong-AICES				
1	Smith, Dylan	12	TAG4	
Event 144 Boys 13 Year Olds 1500 Meter Run				
Lane	Name	Age	Team	Seed Time
Manning Valley_AC-AICES				
1	Fletcher, Zane	13	MVA4	
Nowra_AC-AICES				
1	Thirlwall, Kai	13	NAC4	
Rouse_Hill_AC-AICES				
1	Karbon, Jalen	13	RHA4	
Event 145 Boys 14 Year Olds 1500 Meter Run				
Lane	Name	Age	Team	Seed Time
Calrossy_AS-AICES				
1	Scott, Jeremy	14	CAS4	

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Macquarie College-AICES...(Event 145 Boys 14 Year Olds 1500 Meter Run)				
1	Wawrzonek, Hug	14	MC_4	
St Phillips-CC_C--AICES				
1	West, Zachary	14	SPC4	

Event 146 Boys 15 Year Olds 1500 Meter Run				
Lane Name	Age	Team	Seed Time	
Avondale-AICES				
1	Lewis, Nathan	15	AS_4	
Hills_Adventist_C-AICES				
1	Wegener, Isaac	15	HAC4	
Nowra_AC-AICES				
1	Everitt, Asher	15	NAC4	

Event 147 Boys 16 Year Olds 1500 Meter Run				
Lane Name	Age	Team	Seed Time	
Central Coast_AS-AICES				
1	Lorentz, Logan	16	CCA4	
Macquarie College-AICES				
1	Jenkins, Archie	16	MC_4	

Event 148 Boys 17 Year Olds 1500 Meter Run				
Lane Name	Age	Team	Seed Time	
Hunter Valley Grammar-AICES				
1	Campbell, Elijah	17	HVG4	
Pittwater House-AICES				
1	Bregozzo, Max	17	PHS4	
The_Illawarra_GS-AICES				
1	Mitchell, Michae	17	TIG4	

Event 149 Boys 18-19 1500 Meter Run				
Lane Name	Age	Team	Seed Time	
Pittwater House-AICES				
1	Howieson, Olive	18	PHS4	
Redfield Coll-AICES				
1	Yanez Marcichal,	18	RED4	
Rouse_Hill_AC-AICES				
1	Smithson, Samue	18	RHA4	

Event 150 Girls 13 Year Olds High Jump SH 1.25m				
Pos	Name	Age	Team	Seed Mark
Amity College-AICES				
1	Keco, Neyla	13	AMY4	
Arndell_AC-AICES				
1	Benefield, Ellie	13	AAC4	
Calrossy_AS-AICES				
1	Maher, Bailey	13	CAS4	

Event 151 Girls 17 Year Olds High Jump SH 1.50m				
Pos	Name	Age	Team	Seed Mark
Newcastle_GS--AICES				
1	Waerea, Gabby	17	NGS4	

Event 152 Girls 15 Year Olds Shot Put 3kg				
Pos	Name	Age	Team	Seed Mark
Manning Valley_AC-AICES				
1	Potter, Mikayla	15	MVA4	

Montgrove College-AICES				
1	Amituanai, Sumr	15	MTG4	
Penrith_AC-AICES				
1	Ohunayo, Iremid	15	PAC4	

Event 153 Girls 18-19 Shot Put 4kg				
Pos	Name	Age	Team	Seed Mark
Georges River Grammar-AICES				
1	Saunders, Matild	18	GRG4	
Wollondilly_AC-AICES				
1	Randall, Bliss	18	WAC4	

Event 154 Girls 12 Year Olds Discus Throw 750g				
Pos	Name	Age	Team	Seed Mark
St Phillips_CC_N_AICES				
1	van der Berg, An	12	SPN4	
William Clarke-AICES				
1	Saravana, Saanvi	12	WCC4	
2	Spasovic, Mia	12	WCC4	

Event 155 Girls 14 Year Olds Javelin Throw 500gms				
Pos	Name	Age	Team	Seed Mark
Arndell_AC-AICES				
1	Baker, Brooklyn	14	AAC4	
Manning Valley_AC-AICES				
1	Potter, Jessie	14	MVA4	
Reddam House-AICES				
1	Tudor, Willow	14	RH_4	

Event 156 Boys 12 Year Olds Triple Jump				
Pos	Name	Age	Team	Seed Mark
Macarthur_AS-AICES				
1	Chidamba, Ryan	12	MAS4	
Penrith_AC-AICES				
1	O'Brien, Xander	12	PAC4	
St Lukes_GS-AICES				
1	Nicholson, Lequi	12	SLG4	

Event 157 Girls 12 Year Olds 400 Meter Run				
Lane Name	Age	Team	Seed Time	
St Peters AC- AICES				
1	Lee, Lacey	12	SPB4	
St Phillips-CC-G-AICES				
1	Nepal, Amyra	12	SPG4	
Tangara-AICES				
1	Bazouni, Bridget	12	TAN4	

Event 158 Girls 13 Year Olds 400 Meter Run				
Lane Name	Age	Team	Seed Time	
Macquarie College-AICES				
1	Collins, Emily	13	MC_4	
Pittwater House-AICES				
1	Purdy, Scarlett	13	PHS4	
William Clarke-AICES				
1	Banks, Isla	13	WCC4	

Event 159 Girls 14 Year Olds 400 Meter Run				
Lane Name	Age	Team	Seed Time	
Northholm_GS-AICES				
1	Mansell, Ashleig	14	NG_4	
Pittwater House-AICES				
1	Pickup, Valerie	14	PHS4	
Scone_GS-AICES				
1	Mennie, Hailey	14	SGS4	

Event 160 Girls 15 Year Olds 400 Meter Run				
Lane Name	Age	Team	Seed Time	
Broughton_AC-AICES				
1	Webb, Alicia	15	BAC4	
Nowra_AC-AICES				
1	Crawford, Lana	15	NAC4	
The_Illawarra_GS-AICES				
1	Payten, Rubina	15	TIG4	

Event 161 Girls 16 Year Olds 400 Meter Run				
Lane Name	Age	Team	Seed Time	
Calrossy_AS-AICES				
1	O'Connell, Isabel	16	CAS4	
Penrith_AC-AICES				
1	Grima, Adelaide	16	PAC4	
William Clarke-AICES				
1	Bennett, Aliyah	16	WCC4	

Event 162 Girls 17 Year Olds 400 Meter Run				
Lane Name	Age	Team	Seed Time	
Central Coast_SC-AICES				
1	Carlson, Keira	17	CCS4	
Reddam House North Shore-AICES				
1	Guillergan, Mia	17	RHN4	

Event 163 Girls 18-19 400 Meter Run				
Lane Name	Age	Team	Seed Time	
Orange_AGS-AICES				
1	Jurd, Milla	18	OGS4	
Tangara-AICES				
1	Siau, Olivia	18	TAN4	

Event 164 Girls 12 Year Olds Long Jump				
Pos	Name	Age	Team	Seed Mark
International_GS-AICES				
1	Jackson, Sage	12	IGS4	
Macquarie AGS-AICES				
1	Hodge, Sierra	12	MAG4	
Pittwater House-AICES				
1	Serianni, Isabella	12	PHS4	

Event 165 Girls 13 Year Olds Triple Jump				
Pos	Name	Age	Team	Seed Mark
Hills Grammar-AICES				
1	Mosert, Lexi	13	THG4	
Nowra_AC-AICES				
1	Burbage, Layla	13	NAC4	

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SOPA
Performance List - CIS Athletics All Events

Rouse_Hill_AC-AICES...(Event 165 Girls 13 Year Olds Triple Jump)				
1	Cross, Alexia	13	RHA4	

Event 166 Girls 14 Year Olds Triple Jump

Pos	Name	Age	Team	Seed Mark
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Arndell_AC-AICES				
1	Baker, Brooklyn	14	AAC4	

Central Coast_AS-AICES				
1	Munkman, Emily	14	CCA4	

St Lukes_GS-AICES				
1	Rudomino, Carm	14	SLG4	

Event 167 Boys 12 Year Olds High Jump SH 1.30m

Pos	Name	Age	Team	Seed Mark
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Manning Valley_AC-AICES				
1	Dzendetol, Leop	12	MVA4	

St Lukes_GS-AICES				
1	Nicholson, Lequi	12	SLG4	

The_Illawarra_GS-AICES				
1	Peake, Matthew	12	TIG4	

Event 168 Boys 16 Year Olds Javelin Throw 700gms

Pos	Name	Age	Team	Seed Mark
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Macarthur_AS-AICES				
1	Perras, Lucas	16	MAS4	

Northholm_GS-AICES				
1	Billingsley, Blak	16	NG_4	

Penrith_AC-AICES				
1	Farrugia, Jonny	16	PAC4	

Event 169 Boys 17 Year Olds Discus Throw 1.5kg

Pos	Name	Age	Team	Seed Mark
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Amity College-AICES				
1	Bronger, Zain	17	AMY4	

Penrith_AC-AICES				
1	Godwin, Nichola	17	PAC4	
2	Leicher, Isaac	17	PAC4	

Event 170 Boys 18-19 Shot Put 6kg

Pos	Name	Age	Team	Seed Mark
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Northholm_GS-AICES				
1	Billingsley, Justi	18	NG_4	

William Clarke-AICES				
1	Blade, Damon	18	WCC4	

Event 171 Boys 12 Year Olds 400 Meter Run

Lane	Name	Age	Team	Seed Time
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Reddam House North Shore-AICES				
1	Gandra, Arnab	12	RHN4	

St Lukes_GS-AICES				
1	Nicholson, Lequi	12	SLG4	

St Phillips-CC_C--AICES				
1	Kitching, Oscar	12	SPC4	

Event 172 Boys 13 Year Olds 400 Meter Run

Lane	Name	Age	Team	Seed Time
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Manning Valley_AC-AICES				
1	Fletcher, Zane	13	MVA4	

Reddam House-AICES				
1	Mullins, Hugo	13	RH_4	

Thomas Hassall_AC_-AICES				
1	Akusaki, Shaun	13	THA4	

Event 173 Boys 14 Year Olds 400 Meter Run

Lane	Name	Age	Team	Seed Time
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Bishop_Tyrrell_AC-AICES				
1	Stokes, Jordan	14	BTA4	

Hunter Valley Grammar-AICES				
1	Goldie, Joshua	14	HVG4	

Rouse_Hill_AC-AICES				
1	Chappidi, Sujai F	14	RHA4	

Event 174 Boys 15 Year Olds 400 Meter Run

Lane	Name	Age	Team	Seed Time
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Calrossy_AS-AICES				
1	Bailey, Zac	15	CAS4	

Central Coast_SC-AICES				
1	Carlson, Braydar	15	CCS4	

St Lukes_GS-AICES				
1	Bradshaw, Riley	15	SLG4	

Event 175 Boys 16 Year Olds 400 Meter Run

Lane	Name	Age	Team	Seed Time
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Rouse_Hill_AC-AICES				
1	Winter, Luke	16	RHA4	

St Phillips-CC_C--AICES				
1	Speechly, Joshua	16	SPC4	

The_Illawarra_GS-AICES				
1	Haines, Ryder	16	TIG4	

Event 176 Boys 17 Year Olds 400 Meter Run

Lane	Name	Age	Team	Seed Time
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Hunter Valley Grammar-AICES				
1	Campbell, Elijah	17	HVG4	

Rouse_Hill_AC-AICES				
1	Nkanyezi, Joseph	17	RHA4	

William Clarke-AICES				
1	Cansdale, Tyler	17	WCC4	

Event 177 Boys 18-19 400 Meter Run

Lane	Name	Age	Team	Seed Time
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Macarthur_AS-AICES				
1	Rodriguez, Gabri	18	MAS4	

Rouse_Hill_AC-AICES				
1	Smithson, Samue	18	RHA4	

William Clarke-AICES				
1	Baker, Maximus	18	WCC4	

Event 178 Girls 13 Year Olds Long Jump

Pos	Name	Age	Team	Seed Mark
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Arndell_AC-AICES				
1	Benefield, Ellie	13	AAC4	

Calrossy_AS-AICES				
1	Ryder, Emily	13	CAS4	

Scone_GS-AICES				
1	Marais, Siana	13	SGS4	

Event 179 Girls 17 Year Olds Long Jump

Pos	Name	Age	Team	Seed Mark
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Newcastle_GS--AICES				
1	Waerea, Gabby	17	NGS4	

St Peters AC- AICES				
1	Hall, Zara	17	SPB4	

The_Illawarra_GS-AICES				
1	Denley, Emma	17	TIG4	

Event 180 Girls 14 Year Olds High Jump SH 1.30m

Pos	Name	Age	Team	Seed Mark
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Calrossy_AS-AICES				
1	Gidley-Baird, Eri	14	CAS4	

St Lukes_GS-AICES				
1	Brocklehurst, Ell	14	SLG4	
2	Rudomino, Carm	14	SLG4	

Event 181 Girls 15 Year Olds Javelin Throw 500gms

Pos	Name	Age	Team	Seed Mark
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Emanuel School-AICES				
1	Kirievskaya, Sop	15	TES4	

Manning Valley_AC-AICES				
1	Bourke, Emma	15	MVA4	

St Lukes_GS-AICES				
1	Kramer, Emma	15	SLG4	

Event 182 Girls 18-19 Discus Throw 1kg

Pos	Name	Age	Team	Seed Mark
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Georges River Grammar-AICES				
1	Saunders, Matild	18	GRG4	

Scone_GS-AICES				
1	Sowter, Alyssa	18	SGS4	

Wollondilly_AC-AICES				
1	Randall, Bliss	18	WAC4	

Event 183 Girls 16 Year Olds Shot Put 3kg

Pos	Name	Age	Team	Seed Mark
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Arndell_AC-AICES				
1	Paki, Summer	16	AAC4	

William Clarke-AICES				
1	Scott-Rogers, Oli	16	WCC4	

Event 184 Girls 12 Year Olds Triple Jump

Pos	Name	Age	Team	Seed Mark
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Macarthur_AS-AICES				
1	Maddumapabend	12	MAS4	

Nowra_AC-AICES				
1	Astin-briggs, Ash	12	NAC4	

Penrith_AC-AICES				
1	Taumalolo, Olivi	12	PAC4	

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SOPA

Performance List - CIS Athletics All Events

Event 185 Girls 14 & Under 4x100 Meter Relay

Lane	Team	Relay	Seed	Time
Calrossy_AS-AICES...(Event 185 Girls 14 & Under 4x100 Meter Relay)				
1	CAS4	A		
	1) Williams, Amelia 14		Ryder, Emily 13	
	Gidley-Baird, Erica 14		Brown, Charli 13	
The_Illawarra_GS-AICES				
1	TIG4	A		
	1) Greenhalgh, Chloe 14		Leung, Ava 13	
	Oxman, Kirra 13		Perry, Emily 14	

Event 186 Boys 14 & Under 4x100 Meter Relay

Lane	Team	Relay	Seed	Time
Hunter Valley Grammar-AICES				
1	HVG4	A		
	1) Tanner, Max 14		Ryan, William 14	
	Goldie, Joshua 14		Carey, Finn 14	
Macquarie AGS-AICES				
1	MAG4	A		
	1) Langley, Aiden 14		Medcalf, Drew 14	
	Carey, Ted 14		Scott, Saxon 14	
Rouse_Hill_AC-AICES				
1	RHA4	A		
	1) Chappidi, Sujai Reddy 1		Dibella, Christian 13	
	Cowper, Zane 14		Hu, Henley 13	

Event 187 Girls 4x100 Meter Relay Open

Lane	Team	Relay	Seed	Time
Newcastle_GS--AICES				
1	NGS4	A		
	1) Waerea, Gabby 17		Richardson, Evelyn 16	
	Patmore, Sarah 16		Heslop, Audrey 15	
Rouse_Hill_AC-AICES				
1	RHA4	A		
	1) Cowper, Flynn 17		De Souza, Sophia 15	
	Baker, Hannah 15		Lewis, Hanna 17	
William Clarke-AICES				
1	WCC4	A		
	1) Scott-Rogers, Olivia 16		Bennett, Aliyah 16	
	Roche, Tara 16		Loring, Olivia 15	

Event 188 Boys 4x100 Meter Relay Open

Lane	Team	Relay	Seed	Time
Rouse_Hill_AC-AICES				
1	RHA4	A		
	1) Laurence, Nathan 17		Winter, Luke 16	
	Nkanyezi, Joseph 17		Sawyer, Tristan 17	
St Columba_AS-AICES				
1	STC4	A		
	1) Dalzell, Teddy 16		Eid, Thomas 16	
	Zavone, Ollie 16		Newton, Archie 16	
The_Illawarra_GS-AICES				
1	TIG4	A		
	1) Steffen, Arlo 16		Do, Leon 17	
	Sommerville, Joe 16		Haines, Ryder 16	